

Riding instruction: Advanced Beginner Level A - Sandy Bay Stables



- 1. Have passed Beginner A, B and C tests.**
- 2. Perform a trot serpentine with correct diagonals.** Loops should be 15 to 20 meters in size. Quality of gait, figure and use of correct turning aids will be emphasized.
- 3. Trot around the outside of the ring without stirrups.** This test is to be performed at the sitting trot. Rider should maintain correct position and control of mount while performing this test. Student should be able to drop and pick up stirrups at the trot without the use of their hands.
- 4. Trot a long side posting without stirrups with minimal loss of position.** Rider should maintain correct position with minimal loss of position and maintain control of mount while performing this test. Student should be able to drop and pick up stirrups at the trot without the use of their hands.
- 5. Canter both long sides on the correct lead.** *If school horse has a problem with leads this will be taken into consideration.* If horse picks up the wrong lead rider should make an attempt to correct the lead.
- 6. Explain canter leads and why they are important.** Balance will be emphasized as an important part of this answer. Student should explain how to see leads on both their own mount and when watching another horse canter around the ring.
- 7. Trot a line of 12-inch cross rails.** Rider should demonstrate this skill in jumping position. Rider should also show control of mount. Students will be asked to halt through the walk in a straight line with the jumps at the completion of the line. Student will demonstrate a balancing half halt at the walk and trot.
- 8. Explain "in front of your leg".** In front of your leg is the feeling that the horse will continue at the rate you ask for until you tell it to change. The horse shows a willingness to respond to your leg with more forward when asked. Student must explain that in front of the leg is not related to how fast the horse is going but rather the responsiveness to the riders driving aids.
- 9. Student should walk outside with little assistance* from the instructor.**
- 10. Know and start to apply safety rules.**
- 11. Demonstrate how to groom a horse correctly.** This is not the light grooming given to a horse before tacking up but rather the full grooming that each horse should receive daily. Student should also have an age-appropriate understanding of the maintenance required to keep a horse looking good (ie. mane pulling, tail wash, etc.)
- 12. Student should be able to clean tack thoroughly without taking it apart.**

*with little assistance - Assistant watches for safety but encourages complete independence by student.

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